



2024 Arlington Aerials Invitational Session Times

Friday, January 12th

Session 1	5:00 PM	Open Stretch
Level 3 & Bronze	8:00 PM	Awards
Apex (L3, 2 squads), Arlington Aerials (L3), BRAG (L3), Gymnastics World (L3, Bronze, 3 squads), Triple T (L3), YMCA Angels (L3)		

Saturday, January 13th

Session 2	8:00 AM	Open Stretch
Xcel Silver	10:45 AM	Awards
BRAG (2 squads), Gryphon Gymnastics, Richmond Twisters, Triple T, YMCA Angels, Youth Sports (2 squads)		

Session 3	11:15 AM	Open Stretch
Xcel Silver	2:15 PM	Awards
Apex (3 squads), Arlington Aerials (2 squads), Fairfax, Gymnastics World		

Session 4	2:45 PM	Open Stretch
Level 4, 8, 9 and Xcel Platinum	6:45 PM	Awards
Apex, Arlington Aerials (4 squads), BRAG, Triple T, YMCA Angels (2 squads), Youth Sports		

Sunday, January 14th

Session 5	8:00 AM	Open Stretch
Xcel Bronze	11:00 AM	Awards
Apex (2 squads), BRAG (2 squads), Gryphon Gymnastics, Richmond Twisters, Triple T, YMCA Angels, Youth Sports		

Session 6	11:30 AM	Open Stretch
Level 5, 6, 7 and Xcel Diamond	2:30 PM	Awards
Apex, Arlington Aerials (3 squads), Gymnastics World, LemPossible, Triple T, YMCA Angels, Youth Sports		

Session 7	3:00 PM	Open Stretch
Xcel Gold	6:00 PM	Awards
Apex, Arlington Aerials, BRAG (2 squads), Fairfax, Gymnastics World, Richmond Twisters, Triple T, YMCA Angels, Youth Sports		

Note:

Individual awards will be presented every session

Team awards will be presented at the final session each level competes

*Live scoring will be available at
MeetScoresOnline.com and myUSAGym.com*